

## Cultural Humility Microcredential

The MBKU Cultural Humility Microcredential is designed for students who want to develop their capacity to understand and address their own cultural knowledge and biases. Students progress through a self-paced series of events and self-guided activities including seminars, workshops, videos, self-reflection, and experiential learning opportunities. These activities are intended to better prepare students to transition into their professional field with a foundational level of cultural humility, upon which they will be able to grow throughout their careers. There is no application process for this program; however, students participating must be in good academic standing. Interested students may begin completing requirements at any time. All requirements are completed over the course of the entire academic program (2-4 years). Exceptions will not be made for students starting the certificate later in their academic program.

The Microcredential is open to any interested MBKU student looking to supplement their health care education. Students who have fulfilled program requirements are awarded with a certificate of completion at their Graduation Awards event, presented with a Cultural Humility pin to wear at Commencement, their name designated in their Commencement ceremony program, and receive a digital completion badge. The digital badges may be displayed as part of their email signature and any personal social media account. **The deadline to have everything completed is at least 8 weeks before your commencement ceremony.** 

## **Microcredential Goals**

The program is designed for students to:

- 1. Differentiate between cultural competency and cultural humility.
- 2. Assess their own cultural knowledge and bias.
- 3. Interpret the inter-cultural behaviors of a social or professional setting.
- 4. Participate in, and reflect upon, a culturally foreign setting.
- 5. Construct an action plan for continued development of their cultural humility.

## **Program Components**

There is no application process for this program; however, it is assumed that students on Academic Warning or Probation and/or Professional Warning or Probation focus their efforts solely on regaining "Good Standing" status.

Interested students simply email University Student Affairs (<u>studentaffairs@ketchum.edu</u>) to be enrolled and begin completing requirements at any time. The microcredential begins with the selfassessment and ends with the final post-assessment to assess learning. All other requirements have a general order of completion (below). Submit assignments through the Cultural Humility online Moodle course.

Requirements should be completed in the order listed.

- 1. Complete the initial self-assessment
- 2. Complete and reflect upon 3 Implicit Association Tests
- 3. Complete reflection for the History of Race and Healthcare articles

- 4. Watch and complete the reflection for the "Diversity in Health Care" webinar
- 5. Complete the Disability as Diversity Module
- 6. Review 2 articles, 2 videos, and 2 podcasts
- 7. Record observations of inter-cultural dynamics of a common/regular event
- 8. Attend 2 approved culturally foreign events and complete reflections
- 9. Complete the final self-assessment

## All requirements must be complete at least 8 weeks prior to your commencement ceremony.