STUDENT ACTIVITIES AND SUPPORT SERVICES

Get Involved. Find Support.







SPACES ON CAMPUS

MBKU's beautiful and intimate campus has a number of spaces designed to give students the opportunity to study, relax, recuperate, and connect with others.

The **Dr. Lorraine Voorhees Student Achievement Center Resource Room** is a quiet place to hit the books on your own, or in a study group. When you need a change of scenery, make your way to the **Low Student Union**, a Lounge and Recreation Center. Replenish your energy at the full micro-market or use the provided refrigerators and microwaves.

You have access to the **MBKU Fitness Center**, featuring cardio and weight machines along with lockers and showers. You can also receive optometric services at the **University Eye Center** and urgent care services at the **Family Medicine** clinic, both located at our Ketchum Health facility.



One of the best spots on campus to study, and enjoy a great view is the **M.B. Ketchum Memorial Library**.



SUPPORT SERVICES

MBKU is a tight-knit, interprofessional healthcare community. Our entire campus exists to support you on your journey to pursuing your dream.

Get help with your classes by scheduling **tutoring services**, **review sessions**, **and study groups**. Each program has faculty advisors and mentors, and our office offers a variety of **learning support resources**, such as study skills and test-taking strategies, time management coaching, and methods for managing stress and test anxiety.

First year students are paired with **Peer Advisors** who help build community and camaraderie, and provide advice rooted in their own experiences as MBKU upper division students.

MBKU has a number of campus advocates tasked with supporting the mental and physical well-being of you and your classmates. **Student Wellness Ambassadors** are hired to assist with health initiatives planned for MBKU students.

The Director of Student Counseling Services is a Licensed Clinical Psychologist who specializes in **Mental Health Counseling Support** for students. They are available on a part-time, flexible schedule throughout the week for personal counseling at no cost to current students.

MBKU students and alumni have free access to a variety of career-related services through the **Career Resource Center (CRC)** (jobs.ketchum.edu), an online dashboard for employment assistance and career development resources.

The **Financial Aid & Student Accounts Department** provides financial services and advice. Meet with our expert team for assistance with student expense budgeting, entrance and exit loan counseling, and loan repayment advice.

iGrad (www.ketchum.edu/igrad), a no-cost financial wellness platform, helps bring students useful financial literacy tools and resources tailored to their personal needs.

Student Disability Services (SDS) strives to provide accommodations, awareness, and advocacy with the goal of ensuring equal access for all students with visible and invisible disabilities. SDS also supports requests for Religious Adjustments and Modifications for Pregnancy & Related Conditions.



EVENTS & ACTIVITIES

- New Student Orientation | Occurs annually each fall to welcome new students to campus.
- Navigating Professional School (NPS) | Seminars offered throughout the year on a variety of personal and professional development topics.
- Stress Recess Activities | Fun events and activities offered through out the year for socialization and stress relief.
- Leadership Summit | Annual MBKU student leadership conference to enhance your leadership skillset - a student favorite!
- Career Symposium | Annual professional development event with a full networking reception.

CO-CURRICULAR PROGRAMS

At MBKU you will have the opportunity to supplement the curriculum of your specific discipline through a variety of co-curricular programs, which enable you to focus on aspects of your future profession that are of particular interest to you. You can choose any or all of the following:

- Leadership Development Certificate
- Wellness Development Certificate
- Career Readiness Microcredential
- Service Learning Microcredential
- Cultural Humility Microcredential

ENROLLMENT AND STUDENT SERVICES WELCOMES YOU TO MBKU

Our mission is to help every student become a caring, inspired health care professional through academic and personal growth. Our goal is to ensure that every student has access to education in a safe and inclusive environment as we provide tools and resources that center students in a truly supportive campus community. We strive to help every student embrace the challenges and the rewards of a rigorous health care education!

Our offices include:

- admissions
- university student affairs
- student government association and student organizations
- · student disability services
- · student counseling services
- registration
- financial aid

We encourage you to explore our website at ketchum.edu, or contact us at studentaffairs@ketchum.edu if you have any questions, concerns, or just want some advice on where to get started!



ORGANIZATIONS & CLUBS

Engaging with campus organizations and clubs gives students an opportunity to build relationships with faculty and classmates, practice and model future involvement in professional organizations, and collaborate on service projects for the surrounding community.

The **Student Government Association (SGA)** advocates on behalf of the entire student body with the goals of enhancing the quality of education and student life on campus and to advance the growth of interprofessional relationships in accordance with the evolving needs of today's health care.

Check out and follow @wearembku on Instagram to stay informed about SGA's inclusive events.

Visit *Presence* (<u>ketchum.presence.io</u>) to see the most up-to-date list of all organizations.

