



University Student Affairs Co-Curricular Learning Outcomes

University Student Affairs supports student learning both in the classroom and in the larger campus community. Student learning happens throughout and across the MBKU experience. We promote student learning outside of the classroom with a variety of programs, services, and development opportunities. University Student Affairs document its impact on student learning by establishing Program and Student Learning Outcomes¹. These outcomes describe the co-curricular learning that takes place through the programs, activities, and services offered by University Student Affairs. These outcomes also consider and reflect the missions and strategic plans of the University and University Student Affairs.

Navigating Professional School Seminar Series

University Student Affairs offers programs on a variety of topics designed to help our students at MBKU thrive in their respective programs and as members of an inter-professional health care campus. These events are open to all MBKU students at no charge. Events are typically scheduled at the beginning of each quarter. Attendance is optional and notifications are sent to the students via email.

Programs include workshops, lectures and discussion panels that cover a wide range of topics, such as:

- Managing test anxiety
- Assertiveness skills for stress reduction and relationship improvement
- Professional networking
- Navigating communications and presentations
- Effective collaboration
- Preventing burnout

Skills: communication, career planning, public speaking, leadership development, self-awareness/personal values, personal development

Peer Advisors

The mission of the Peer Advising Program is to provide informed student perspectives about MBKU and the Colleges to incoming students and to offer outstanding students at MBKU an opportunity to improve personal and professional skills and explore leadership roles while helping their peers.

The students receive formal training and a training guide. Topics covered include effective communication, confidentiality, FERPA requirements, recognizing signs of depression, setting boundaries, academic standards specific to each program, University resources and support, and important University and College policies.

Skills: communications (verbal and nonverbal), time management, leadership development, mentorship, problem solving, personal development, collaboration

University Student Government Association

¹ Co-curricular refers to activities, programs, and learning experiences that complement what students are learning in their program (i.e., experiences that are connected in some way to the academic curriculum) but distinctly separate from the academic courses. They are voluntary, ungraded, without academic credit, and they typically take place outside of school or regular school hours. They may be sponsored by the University, Colleges, or student organizations or clubs that conduct those activities.

The mission of the University Student Government Association is to advocate on behalf of the student body with the goals of enhancing the quality of education and student life on campus, to foster a sense of community within the University, and to advance the growth of interprofessional relationships in accordance with the evolving needs of today's healthcare.

The University Student Executive Council is the governing body and is comprised of the President, Secretary, Treasurer along with representatives from each class year within each program (Class Presidents) and the committee chairs.

University Student Committees conduct business on behalf of the Student Association and hold several events for all MBKU students. The Committees are as follows:

- University Student Extracurricular Activities Committee
- University Student Community Health Committee
- University Student Relations Committee
- University Interprofessional Education Committee

Skills: communication (verbal and nonverbal), leadership development, time management, public speaking, problem solving, self-awareness/personal values, personal development, collaboration

Stress Recess Activities

USA offers a variety of fun and relaxing activities throughout the year. Some examples include Halloween Treats, Puppies 2 Partners, Yoga on the Green, Movie Night, etc. These events are extra-curricular.

Certificates and Microcredential Programs at MBKU

USA offers students co-curricular Certificate and Microcredential Programs. Students may begin these programs at any time by requesting enrollment by emailing StudentAffairs@ketchum.edu.

Leadership Development Certificate Program

The MBKU Leadership Development Certificate is for students who have a desire to make a positive difference in their University, College, community, and profession. Students will learn to lead with integrity through a program that combines academic and experiential learning to become engaged and influential members of their future professions.

Components include leadership training, co-curricular seminars, leadership roles, community services, professional meetings/conferences, a campus-based group project, and a final portfolio/exit interview.

The Leadership Development Certificate is open to all MBKU students interested in exploring and developing their leadership skills. Near the end of the program, students participate in an exit interview/assessment. Students who have fulfilled program requirements are awarded a Leadership Certificate at their Graduation Awards Program and presented with the Leadership Medal to wear at Commencement.

Purpose

The MBKU Leadership Development Certificate provides students with essential skills of effective, ethical leadership to become inspired health care leaders who are committed to engagement and action.

The program is designed to:

1. Foster personal development by helping students to identify and strengthen those characteristics and leadership styles which will allow them to excel as leaders.
2. Develop an understanding of the fundamental principles and practices of good leadership.
3. Model the organizational and interpersonal skills necessary to work well with diverse populations.
4. Teach a greater awareness of effective leadership emphasizing improved communication skills and ethical decision-making.

5. Encourage engagement through collaboration and empower groups toward a common goal.
6. Acquire a greater awareness of issues related to the student's profession.

Career Readiness Microcredential

The MBKU Career Readiness Microcredential is designed for students who want to make targeted professional development efforts in several different competency areas. Students progress through Career Readiness assignments that combine short lectures, self-reflection and experiential learning opportunities which prepare them for the transition from graduate student to an engaged and influential member of their field. As assignments are completed, students earn a variety of “badges” before ultimately earning the Microcredential.

Components include videos/short lectures, a variety of different assignments, attendance at the MBKU Career Symposium, and a final assessment.

The Career Readiness Microcredential is open to any interested MBKU student looking to prepare for postgraduate professional life. Students who have completed all assignments are awarded with a certificate of completion at their Graduation Awards event and presented with a Career Readiness pin to wear at Commencement.

Purpose

The program is designed to:

1. Stress the importance of professional affiliations and networking skills to build a strong professional foundation.
2. Teach and strengthen a variety of “soft” skills including professional branding, negotiating, interviewing, networking and communication.
3. Practice professional etiquette and networking skills with classmates and future colleagues.
4. Encourage structured time to craft and refine documents/tools for the residency and/or professional job search process (e.g. resume, cover letter, social media accounts).
5. Foster personal and professional development by helping students identify and strengthen those skills which will support their success in their chosen field.

Service Learning Microcredential

The MBKU Service Learning Microcredential is designed for students who want to make targeted service-learning efforts on campus, within the community and their chosen profession. Students progress through a service-learning “checklist” that combines videos and other resources, self-reflection and experiential learning opportunities which prepare them to be an engaged and influential member of the health care profession. As hours and assignments are completed, students earn three digital badges before ultimately earning the Microcredential: “Campus Service,” “Community Service” and “Service to the Profession.”

The Service Learning Microcredential is open to any interested MBKU student looking to supplement their health care education. Students who have fulfilled program requirements (earned all 3 badges and submitted responses to each discussion prompt) are awarded with a certificate of completion at their Graduation Awards event and presented with a Service-Learning pin to wear at Commencement.

Purpose

The program is designed to address the following learning outcomes:

1. Participate in a variety of service-learning experiences and projects and create a personal definition of social justice.
2. Formulate humanitarian values, such as being committed to current health care needs, social justice, engaging in social responsibility and serving as positive change agents.
3. Engage in controversial conversations and/or scenarios with civility and effectively convey thoughts and feelings.

4. Exhibit self-awareness and self-authorship through service, show the ability to think critically about the root causes of issues related to community needs, demonstrate the ability to think reflectively and constructively facilitate reflection and discussion among peers.

Cultural Humility Microcredential

In an increasingly diverse world, and as racial justice and equity come to the forefront of American society, successful health care professionals will need to be culturally competent and understand how to practice cultural humility to reduce health disparities and increase equity for positive patient outcomes.

The MBKU Cultural Humility Microcredential is designed for students who want to develop their capacity to understand and address their own cultural knowledge and biases. Students will progress through a self-paced series of events and self-guided activities including seminars, workshops, videos, self-reflection and experiential learning opportunities. These activities are intended to better prepare students to transition into their professional field with a foundational level of cultural humility, upon which, they will be able to grow throughout their career.

The Cultural Humility Microcredential is open to any interested MBKU student. Since this program is mostly self-guided, each student experience will vary, but this program is intended to take 20-25 hours over the course of 2 years. Students who fulfill program requirements will be awarded a certificate of completion and lapel pin at their Graduation Awards event.

Learning Objectives

Students who complete the Cultural Humility Microcredential will be able to:

1. Differentiate between cultural competency and cultural humility
2. Assess their own cultural knowledge and bias
3. Interpret the cultural competence of a social or professional setting
4. Meaningfully interact in a culturally foreign setting
5. Demonstrate inclusive language and actions in social and professional settings
6. Construct an action plan for continued development of their cultural humility

University Student Affairs Co-Curricular PLOs/SLOs

Program Learning Outcomes	Student Learning Outcomes
<p><i>Professional & Career Development:</i> Students will develop life-long skills they can use to seek jobs, residencies/internships, apply to post-graduate school & make career decisions. (IOLs: Domains 1-3;5)</p>	<p><i>Students will be able to:</i></p> <ul style="list-style-type: none"> • Identify specific career field interests & goals. • Produce materials for residency or career placement, including a resume & cover letter. • Identify strategies for conducting a residency or career placement search. • Demonstrate assertive & professional communication skills used for effectively networking & interviewing. • Utilize interpersonal relationship skills to build a professional network.
<p><i>Leadership Development:</i> Students will develop the knowledge of organizational structure & best practices, effective leadership communication skills & a capacity to be an ethical, compassionate, & effective leader. (IOLs: Domains 1-5)</p>	<p><i>Students will be able to:</i></p> <ul style="list-style-type: none"> • Interconnect the organization’s mission, goals, & practices & how they connect to MBKU’s core & community values. • Demonstrate organizational best practices, including goal setting, leading meetings, budgeting, event planning, leadership transition & assessment. • Illustrate effective verbal & written communication skills. • Solve problems, including resolving disagreements & lead others toward common goals. • Identify personal leadership goals. • Engage in self-assessment on leadership skills & strengths. • Show sensitivity to human differences as a leader of your organization • Take responsibility for individual & group actions.
<p><i>Academic Development:</i> Students will develop academic excellence using goal setting, organization, strategic learning, & test-taking skills. (IOLs: Domains 2 &4)</p>	<p><i>Students will be able to:</i></p> <ul style="list-style-type: none"> • Set their academic goals • Identify their learning & study skill strengths & weaknesses • Implement efficient & effective active study techniques • Implement efficient & effective note taking strategies • Implement efficient test-taking strategies
<p><i>Personal Enrichment/ Development:</i> Students will develop effective communication skills to allow for collaboration, healthy lifestyle choices, a positive sense of self, a personal code of ethics, an appreciation of differences, financial literacy, a strong social connection with the MBKU campus community & an understanding of MBKU resources. (IOLs: Domains 1-5)</p>	<p><i>Students will be able to:</i></p> <ul style="list-style-type: none"> • Demonstrate effective communication that facilitates the ability to work collaboratively with others. • Demonstrate healthy, responsible, & sustainable life choices that allow them to meet their goals. • Demonstrate healthy, respectful, & collaborative relationships with others. • Recognize & critically reflect upon one’s own identity as well as cultural biases. • Describe & apply financial management skills & plan for achieving financial goals. • Establish social connections on campus by networking with faculty, staff & other students during orientation. • Be involved in at least one MBKU Club/Organization. • Participate in fun/social MBKU activities. • Identify & access University educational & personal support services & resources, including University policies & procedures. • Discuss University expectations of professional behavior of health care students. • Connect a personal core value with one of MBKU’s core values.